



It is Lent, a time
to look at

- our Scripture stories about Jesus' time on earth.
- ourselves and how we can follow Jesus' teachings.
- how others respond to Jesus and what we can learn from them.

Lent can also be a time to do puzzles, use colors, draw pictures, read stories, think about options in life choices, and learn a little history!

So let's get started!

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February 26 ■ Ash Wednesday

Beginning the Lenten journey

Today we begin Lent, when we prepare ourselves for Easter. Many people use three special ways.

Use the hints to learn about these ways.

1 To give _____ is to share money with those who need it.

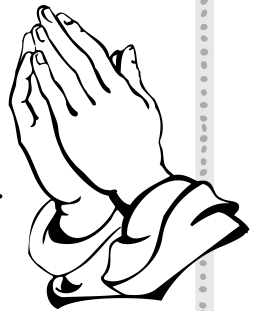
(HINT: rhymes with *palms* and *psalms*)

2 To _____ is to give up something for a while.

(HINT: rhymes with *past* and *mast*)

3 To _____ is to talk to God.

(HINT: rhymes with *stay* and *play*)



Jesus, today I start my Lenten journey. Help me along the way to know you are always with me. Amen.

February 27 ■ Thursday

What does he mean?

Jesus wanted to prepare his disciples
for the hard days soon to come.

*Here is what Jesus told them, but some of
these letters are missing. Fill in the blanks
to help the disciples understand.
Discuss this with an adult.*



“The ___on of M___
mu__t die ___nd
will be r___ied
on the third day.”

letter bank **S S S A A A**

*Jesus, sometimes it is hard to understand
your Lenten journey. Please help. Amen.*

ANSWER: “The Son of Man must die and will be raised on the third day.”

February 28 ■ Friday

Fasting

To fast is to choose to give up something for a while. Jesus was asked questions about fasting. There are many ways to fast.

Cross out the words of things you cannot fast from.

**arguing
with others**

candy

crying

laughing

shopping

**excluding
others**

**chips and
soft drinks**

**eating
vegetables**

breathing

screen time

**caring
for pets**

homework

Look at the remaining words.

Write TWO things you plan to fast from:

1. _____
2. _____

Holy Spirit, please show me how fasting can help me. Amen.

February 29 ■ Saturday

Loving things or people?

Our pope urges us to be concerned about the earth. There are many problems. Here is one: some people have too many things, while others have so little, they suffer.

Pope Francis says, "Life is not a time for owning things but for loving."

Choose THREE things you can give away:

1. _____
2. _____
3. _____

Decide on THREE things you do not need to buy:

1. _____
2. _____
3. _____

Name THREE people you love:

1. _____
2. _____
3. _____

Holy Spirit, inspire me to make choices that help people and our Earth. Amen.

March 1 ■ Sunday

Temptation

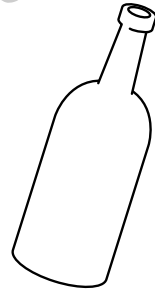
In our Scriptures, we hear stories about temptation. This is what temptation is: to strongly want to do something, often something that is wrong or is a bad choice. Everyone is tempted from time to time and must make a choice.

Write what is the best choice.



Tessa smells dinner cooking but she sees a bag of chips. _____

Michael has an empty plastic bottle. There is a garbage can nearby and a recycling can on the other side of the room. _____



Sheena loves flip-flops and has five pairs. In a store she sees some cute ones, and she has some money with her.

*Jesus, I too get tempted sometimes.
Help me make good decisions. Amen.*