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HANDBOOK & PLANNING GUIDE

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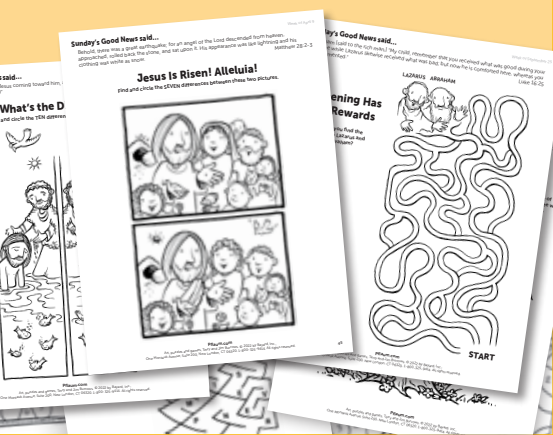
Catechist Handbook and Planning Guide

2022-2023 Reproducible Activities



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Catechist

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“As Christians we know that we need Christ to be present in our lives. He is our very sustenance as he reminded us: unless you eat the flesh of the Son of Man and drink his

visit eucharisticrevival.org to view this message

blood, you do not have life within you (JN 6:53).”

—The Mystery of the Eucharist in the Life of the Church #4, USCCB

The United States Conference of Catholic Bishops (USCCB) has set June 19, 2022 (the Solemnity of Corpus Christi) to kick off a nation-wide Eucharistic Revival that will last for three years. Their goal is to reawaken our understandings and emotions about the Real Presence of Jesus Christ in the Eucharist. Look for the ways your parish and diocese will celebrate the Eucharist in a special way this year!

The new 2022–2023 Handbook and Planning Guide is a reference tool packed with many resources to support your ministry as catechist in the year ahead. Be sure to review the Liturgical Year feature on pages 8–9. On the calendar pages, we include Eucharistic quotes that can help you celebrate the Eucharistic revival. Please share these quotes with families!

May God continue to bless all you do in this essential ministry of the Church.

David Dziena
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Common Catholic Prayers and Practices

OUR FATHER

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

HAIL MARY

Hail Mary, full of grace. The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

GLORY BE

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

THE APOSTLES' CREED

I believe in God, the Father almighty, Creator of heaven and earth. And in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; the third day he arose again from the dead; he ascended into heaven, and sits at the right hand of God, the Father almighty, from thence he shall come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

HAIL, HOLY QUEEN

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Amen.

PRAYER TO SAINT MICHAEL, THE ARCHANGEL

St. Michael the Archangel, defend us in battle, be our protection against the wickedness and snares of the Devil. May God rebuke him, we humbly pray. And do thou, O Prince of the Heavenly Host, by the Power of God, thrust into hell Satan and all evil spirits who wander the earth seeking the ruin of souls. Amen.

ANIMA CHRISTI

Soul of Christ, be my sanctification.
 Body of Christ, be my salvation.
 Blood of Christ, fill all my veins.
 Water of Christ's side, wash out my stains.
 Passion of Christ, my comfort be.
 O good *Jesu*, listen to me.
 In thy wounds I fain to hide,
 N'er to be parted from thy side,
 Guard me, should the foe assail me.
 Call me when my life shall fail me.
 Bid me come to thee above,
 With thy saints to sing thy love,
 World without end. Amen.

MEMORARE

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer them. Amen.



THE ANGELUS

☩ The Angel of the Lord declared unto Mary.
 ☩ And she conceived by the Holy Spirit. (Hail Mary...)
 ☩ Behold the handmaid of the Lord.
 ☩ Be it done unto me according to thy word. (Hail Mary...)
 ☩ And the Word was made flesh.
 ☩ And dwelt among us. (Hail Mary...)
 ☩ Pray for us, O holy Mother of God.
 ☩ That we may be made worthy of the promises of Christ.

LET US PRAY: Pour forth, we beseech thee, O Lord, thy grace into our hearts; that we, to whom the Incarnation of Christ, thy Son, was made known by the message of an angel, may by his Passion and Cross be brought to the glory of his Resurrection. Through the same Christ, our Lord. Amen.

PHOTOS: (LEFT) COURTESY OF DAVID DZIENA (RIGHT) ASPRANILY/SHUTTERSTOCK

28 22nd SUNDAY IN ORDINARY TIME Lk 14:1, 7-14

O Lord, we cannot go to the pool of Siloe [Siloam] to which you sent the blind man. But we have the chalice of your Precious Blood, filled with life and light. The purer we are, the more we receive.
—Saint Ephraem

29 The Passion of St. John the Baptist

30 **31**

1

2

3 St. Gregory the Great, Pope and Doctor of the Church

4 23rd SUNDAY IN ORDINARY TIME Lk 14:25-33 
How can you use your voice to tell others about Jesus?


5

6 **7**

8 The Nativity of the Blessed Virgin Mary

9 St. Peter Claver

10

11 24th SUNDAY IN ORDINARY TIME Lk 15:1-32 
What does Jesus mean when he says we must take up our cross and follow him?

12 The Most Holy Name of Mary

13 St. John Chrysostom, Bishop

14 The Exaltation of the Holy Cross

15 Our Lady of Sorrows

16 Sts. Cornelius, Pope, and Cyprian, Martyrs

17 St. Robert Bellarmine, Doctor of the Church

18 25th SUNDAY IN ORDINARY TIME Lk 16:1-13 
How can you serve others and help them with the difficulties they are experiencing?

19 St. Januarius, Martyr


20 St. Andrew Kim Tae-gŏn, St. Paul Chŏng Ha-sang, and Companions

21 St. Matthew, Apostle and Evangelist

22

23 St. Pius of Pietrelcina

24

25 26th SUNDAY IN ORDINARY TIME Lk 16:19-31 
How does your parish priest bring Jesus to you? How can you bring Jesus to others?

26 Sts. Cosmas and Damian Martyrs

27 St. Vincent de Paul

28 St. Wenceslaus, Martyr, St. Lawrence Ruiz and Companions, Martyrs

29 Sts. Michael, Gabriel, and Raphael, Archangels

30 St. Jerome, Doctor of the Church

1 St. Thérèse of the Child Jesus, Doctor of the Church

Celebrating the Liturgical Year



To celebrate the events in Christ's life, the mysteries of our faith, and our special love of our Blessed Mother, the Church has organized a three-year cycle of Scripture readings to be proclaimed at Sunday Mass. These cycles are referred to as Year A (focusing on the Gospel according to Matthew), Year B (focusing on the Gospel according to Mark and chapter 6 of the Gospel according to John), and Year C (focusing on the Gospel according to Luke). During the Easter season in all three years, we focus primarily on the Gospel according to John.

The Church year begins with the season of Advent.

We are currently in Year C. Liturgical Year A (the 2022–2023 Liturgical Year) will begin on the First Sunday of Advent (November 27, 2022).

The Christmas season follows Advent.

During this Liturgical Year, the Nativity of the Lord

(December 25, 2022) and the Solemnity of Mary, the Holy Mother of God (January 1, 2023) occur on Sundays. The Church will also celebrate the Visit of the Magi (the Epiphany of the Lord, January 8, 2023).



Then follows Ordinary Time and Lent.

Several weeks of Ordinary Time follow the Christmas season. Soon after, Lent begins on Ash Wednesday (February 22, 2023). The Triduum begins at sunset on Holy Thursday with the celebration of the Evening Mass of the Lord's Supper (April 6, 2023) and concludes with vespers on Easter Sunday (April 9, 2023).

The Easter Season follows Lent.

During the Easter season, the Gospels tell us of Jesus' post-Resurrection appearances; his teaching about his love as being that of a Good Shepherd; his naming of

himself as the way, the truth, and the life; his promise not to leave us orphans; his prayer to the Father for us; and his Ascension. On Pentecost (May 28, 2023), the Gospel tells us of the disciples receiving the Holy Spirit in the Upper Room.

The Season of Ordinary Time follows the Easter Season.

We will celebrate Ordinary Time for the remainder of the Liturgical Year. Through the weeks and months, the Gospels will proclaim Jesus' identity in different ways and tell of his miracles, parables, and teachings about the Kingdom of Heaven.



PHOTOS: (L-R, T-B) DEREK HATFIELD, PIXELDARKROOM, LARS HALLSTROM, LAURA_VN (ALL FROM SHUTTERSTOCK)

THE CHURCH YEAR has a special calendar. It doesn't go by months. It goes by seasons. Read about each season. Then color its section on the chart.

An Interactive Activity for Families

