

My Catholic Faith Search Challenge Project #1

Mass Appeal

For Catholics, our highest form of prayer is the Mass. At Holy Communion we celebrate all that Christ has given to us in his life, death, and resurrection.

- At the beginning of Mass we are invited to join in singing the _____ song or Gathering hymn.
- The Mass is celebrated in two parts: the Liturgy of the _____ and the _____ of the Eucharist.

Clue

Answers to these questions can be found in the **Roman Missal**. You'll find it in your church. (It's the book that contains the Mass readings, songs, and prayers.)

- After reading the gospel, the priest (or deacon or guest speaker) summarizes the readings and discusses how they apply to our lives. This is known as the _____.

- In a long prayer called the _____ we proclaim what we believe as Catholics.

■ The bread and wine become the _____
and _____ of Christ.

■ Which part of the Mass do you enjoy most and why?

BONUS ▶ Other than Sundays, what other days are Catholics obligated to attend Mass?

So Say the Saints...

"Holy Communion is the shortest and safest way to heaven." ♦ *ST. PIUS X*

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If you attended Mass every day, including Sundays, for two years, you will have covered most of the New Testament and a large portion of the Old Testament (including the Psalms) in the Bible.

Calendar Date: _____

Church Calendar Date: _____

(i.e., 27th Sunday in Ordinary Time, Feast of Christ the King, Christmas Eve)

After Jesus was baptized, he came up from the water and behold, the heavens were opened (for him), and he saw the Spirit of God descending like a dove (and) coming upon him. And a voice came from the heavens, saying, "This is my beloved Son, with whom I am well pleased." MATTHEW 3:16-17

Which Mass did you attend today? *(Time and parish)*

Who was the main celebrant or presider? *(Name of priest who led the celebration of the Mass)*

What in particular do you remember about Mass? *(Think about the vestment colors, readings, songs, or something said during the homily)*

What did Jesus say or do in the Gospel reading?

What about Jesus' words or actions makes you want to follow him more closely?

So Say the Saints...

"Love consumes us only in the measure of our self-surrender." ♦ *ST. THERESE OF LISIEUX*

Calendar Date: _____

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...The fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, self control. Against such there is no law. GALATIANS 5:22-23

What was today's Gospel reading? *(Cite book, chapter, and verses)*

How did the Homily relate to today's readings?

During the Eucharistic Prayer we give thanks and praise to God. What are you grateful for today?

How did the songs relate to the different parts of the Mass?
(Example: Communion song was about the Body of Christ.)

The Entrance song was about:

The song at the Presentation of the Gifts was about:

The Communion song was about:

The Dismissal song was about:

So Say the Saints...

"To love God is something greater than to know him."

◆ ST. THOMAS AQUINAS